PALM BEACH COUNTY MEETINGS (CONT)

Friday 10:30am - 11:30am - WOMEN ONLY

"Women's Log Cabin ACA" Meeting (FL-446)

Reading from Big Red Book

Location: Tropical Sands Christian Church 2726 Burns Road, Palm Beach Gardens (Held in log cabin behind the church) Contact: Sarah T. 561.596.7478

Friday 6:00pm-7:00pm (In-Person & ZOOM)

"Fearless Fridays" Meeting (FL-164)

Location: The Center

1408 N. Killian Drive, Suite 105, Lake Park (Killian is off Old Dixie, south of Northlake Blvd.

Entrance on west side of building)

Mtg ID: 682 421 426 Password: 135048

Contact: Andy P.

516.359.9733 Email: a457@aol.com

Saturday 9:30am - 10:30am - WOMEN ONLY (OUTDOOR MEETING)

"Saturday Morning Women's Meeting"(FL344)

Location: Anchorage Park

608 Anchorage Drive, North Palm Beach (Located between the dog park and building. Park on Anchorage Dr.) ** Bring a Chair.

Contact: Kathy A. 561-236-4298

Saturday 10:15am – 11:30am (OUTDOOR MEETING)

Reading from Strengthening My Recovery "Grace Abounds" Meeting (FL-414)

Location: 12150 Ken Adams Way, Wellington

Meet under the pavilion next to the Florida Rowing Center **Bring chair. **Contact:** acagraceabounds@gmail.com

April 910.685.4816

Saturday 10:30am - 11:30am

"From Surviving to Thriving" Meeting (FL-170)

Location: The Center

1408 N. Killian Drive, Suite 105, Lake Park (Killian is off Old Dixie, south of Northlake Blvd.

Entrance on west side of building)
Contact: Derrick V. 215.478.3786
Email: derrick.vlad@yahoo.com

Saturday 11:00am – 12:00 noon (OUTDOOR MEETING) (FL-404)

"Here Comes the Sun" Loving Parent Meeting

Reading from Loving Parent Guidebook

Location: Howard Park, Blue Roof Pavilion Howard Park @ Lake Ave and Newark Ave In West Palm Beach ** Bring a chair.

Contact: Frank F. 561-346-1967

Email: ffbb@ptd.net

Saturday 5:30pm - 6:30pm

"Boca Pines" Meeting
Location: Boca Pines Club

9910 Sandalfoot Blvd, Unit 5, Boca Raton Contact: bocapinesaca@gmail.com

MARTIN COUNTY

Monday 5:45-6:45pm

"Treasure Coast ACA Meeting" (FL-374)
Read from "Strengthening My Recovery"
Location: St. Mary's Episcopal Church

623 SE Ocean Blvd., Stuart

(Meeting Room #1. Adjacent to Pittenger

Center. Turn onto SE Amerigo Ave.
Park in front of meeting room)
Contact: Darrell 772-631-0937

ST. LUCIE COUNTY

Saturday 12:00-1:00pm

Loving Parent Meeting (FL-422)

Location: All Village Presbyterian Church 1550 SW Heatherwood Blvd., Pt St Lucie

Contact: Debbie 516.857.8558
Email: ACALovingParent@yahoo.com



Adult Children of Alcoholics & Dysfunctional Families

Palm Beach, Martin, and St. Lucie County Meeting List

ACA Serenity Prayer

God, grant me the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know that one is me.

Revised April 2025

Please contact Kathy A to report meeting updates: 561-236-4298 For the most current meeting info, visit https://www.acasouthflorida.org

PALM BEACH COUNTY MEETINGS (CONT)

Sunday 9:00am - 10:00am (FL-159)

"Becoming Your Own Loving Parent" Meeting

Location: The Center

1408 N. Killian Drive, Suite 105, Lake Park (Killian is off Old Dixie, south of Northlake Blvd.

Entrance is on west side of building)

Contact: Denis W. 561-543-2525

Steve B. 313-220-7439

Sunday 9:00am – 10:00am

"Love No Matter What" Meeting (Loving Parent Guidebook meeting) Location: Burt Reynolds Park 805 US Hwy#1, Jupiter, Pavillion #5 Contact: Lisa AT 561.281.9425

Sunday 9:00am - 10:00 (ZOOM only)

"Sunday Morning Zoom" Meeting

Meeting ID: 822 3330 7763

Password: 111222

Contact: Jim D. 561-401-7422

Sunday 5:30pm - 6:30pm

"Talk, Trust, Feel" (FL-343)
Big Red Book Meeting

Location: The Crossroads Club

1700 Lake Ida Road - Room A, Delray Beach

Contact: Meghan 561.251.8995

Monday 10:30am-11:30am (OUTDOOR MEETING)

"ACA Grace Abounds"
(Big Red Book study group)

Location: 12185 Ken Adams Way, Wellington Outdoor meeting located under pavilion left of Pool, behind Wellington Rowing Club. **Bring chair

Contact: acagraceabounds@gmail.com

Monday 6:00-7:00pm (OUTDOOR MEETING)

"Monday Night Grace Abounds" Meeting (FL-443)
Location: 12150 Forest Hill Blvd., Wellington
In Pavillion on the lake side of Wellington pool

**Bring chair.

Contact: Babette 561-789-5628

Monday 6:00-7:30pm

(1 hour mtg w/ optional 30 min small group sharing)

"Discovering A New Hope" Meeting (FL-444)

Location: The Center

1408 N. Killian Drive, Suite 105, Lake Park (Killian is off Old Dixie, south of Northlake Blvd.

Entrance on west side of building)

Contact: Christine G.

Email: Christine12aca@gmail.com

Monday 6:30pm-7:30pm

"To Love & Approve of Ourselves" Meeting (FL-425)

LGBTQ+ Meeting – Allies welcome! Location: Unity Church Delray Beach 101 NW 22nd St, Delray Beach

Contact: Shane S. 561.699.1337

Tuesday 12:00pm – 1:00pm

(ZOOM only)

"What About That Laundry List?" Meeting (FL-254)
Meeting ID: 432-860-084 Password: 135048

Contact: Andy P. 516.359.9733

Email: a457@aol.com

Tuesday 6:00pm - 7:00pm - WOMEN ONLY (ZOOM ONLY)

Reading from "Strengthening My Recovery" book

Meeting ID: 769-5428-4044

Password: 337755

Contact: Rita G. 561.596.9330

Tuesday 6:00-7:00pm

"Tuesday A New Hope" Meeting (FL-426)

Topic – reading from "A New Hope" Booklet

First Unitarian Universalist Church

635 Prosperity Farms Rd, North Palm Beach

(Held in building south of church) **Contact:** Becky: rbw5@hotmail.com

Phone: 860.204.1166

Tuesday 6:30pm-7:30pm MEN ONLY

"Men's Above" Meeting (FL-327)
Location: Easy Does It Club

2677 Forest Hill Blvd, Room 107, WPB

Contact: Chris 561.282.8687

Wednesday 5:30-6:30pm WOMEN ONLY

"Time for Healing" Meeting (FL-340) (Open Topic)

Location: Unitarian Universalist Church 635 Prosperity Farms Rd., N. Palm Beach (Held in building south of church)

Contact: Kathy A. 561-236-4298

Wednesday 5:30pm - 6:30pm

"Talk, Trust, Feel" Meeting (FL-343)
Reading from "A New Hope" Booklet

Location: Crossroads Club

1700 Lake Ida Rd. Delray Beach – Room A

Contact: Meghan 561.251.8995

Wednesday 6:30-7:30pm

"Triangle Red Book" Meeting

Location: Triangle Club Members Lounge 1369 Old Okeechobee Rd., W. Palm Bch

Contact: Karl O.

Email: karlrobertosterman@gmail.com

Wednesday 7:15-8:15 pm MEN ONLY (In-Person and ZOOM)

Palm Beach Gardens Men's ACA (FL-174)
Location: Gardens Presbyterian Church
4677 Hood Road, Palm Beach Gardens
Meeting ID: 965 964 910 Pswd: 135048

Contact: Jim A. 561.346.0624 Email: jimathy3@yahoo.com

Thursday 7:00pm - 8:00pm

"Good Enough Group" Meeting (FL-370)

Location: Easy Does It Club

2677 Forest Hill Blvd, Suite 107, WPB

Contact: Sue N. 561.308.8005 Email: suen4bal@aol.com

Thursday 7:00pm - 8:00pm (ZOOM ONLY)

"From Hurting to Healing to Helping" Meeting Meeting ID: 850 4029 3321 Pswd: 385040 Contact: Alex B. 561-358-7664 (text only)